<u>DETAILED RUNNING ORDER OF THE 2017 ARNOLD CLASSIC EUROPE</u> (TWO STAGES)

THURSDAY, SEPTEMBER 21st, 2017

10:00 – 20:00 - OFFICAL ATHLETE REGISTRATION AT CONFERENCE CENTER 4
20:15 - TEAM MANAGERS & JUDGES MEETING AT CONFERENCE CENTER 4

FRIDAY, SEPTEMBER 22nd, 2017 EXPO STAGE

10:00 - 20:00 ONE CONTINUOUS SESSION

(JUNIOR WOMEN BODYFITNESS, MASTER MEN'S PHYSIQUE 40-44; OVER 45, MASTER WOMEN BODYFITNESS, MASTER MEN BODYBUILDING 50-54; OVER 55, JUNIOR MEN BODYBUILDING; WOMEN BIKINI-FITNESS 158 CM, 160 CM, 162 CM, 164 CM, MEN CLASSIC BODYBUILDING 175 CM, 180 CM, OVER 180 CM; WOMEN FIT-MODEL, MEN FIT MODEL)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts, Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1.	Junior Women Bodyfitness open	Elimination I	Round (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	
2.	Master Men's Physique 40-44 years	Elimination I	Round (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	,
3.	Master Women Bodyfitness open	Elimination I	Rounds (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	
4.	Master Men's Physique +45 years	Elimination I	Round (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	
5.	Junior Women Bodyfitness open	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	alists backstage	
6.	Master Men's Physique 40-44 years	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final		
7.	Master Women Bodyfitness open	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final		
8.	Master Men's Physique +45 years	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	alists backstage	
9.	Junior Women Bodyfitness open	Finals	Round 2
	(I-walking+ 4 Quarter Turns x 2)		
10.		Finals	Round 2
	(Individual Presentations + 4 Quarter Turns x 2)		
11.	Master Women Bodyfitness open	Finals	Round 2
	(I-walking+ 4 Quarter Turns x 2)		
12.		Finals	Round 2
	(Individual Presentations + 4 Quarter Turns x 2)		

VICTORY CEREMONY:

- JUNIOR WOMEN BODYFITNESS
- MASTER WOMEN BODYFITNESS
- MASTER MEN'S PHYSIQUE 40-44
- MASTER MEN'S PHYSIQUE OVER 45 YEARS

(Juniors & Masters may take part in Women's Bodyfitness open classes held on Sunday on Auditorium Stage) (Men's Physique Masters may take part in Men's Physique open classes held on Saturday on Expo Stage)

13. MASTER MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY

(4 Quarter Turns x 2)

14.	Master Men Bodybuilding age 50-54, open (4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	Elimination Round	l (if >15)
15.		Elimination Round	d (if >15)
16.	Junior Men Bodybuilding open (4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	Elimination Round	l (if >15)
17.	Master Men Bodybuilding age 50-54, open (4 Compulsory Poses in groups of 5, Comparisons) > List of the	Semifinals	Round 1
18.	Master Men Bodybuilding age +55, open (4 Compulsory Poses in groups of 5, Comparisons) > List of the I	Semifinals	Round 1
19.	Junior Men Bodybuilding open (4 Compulsory Poses in groups of 5, Comparisons) > List of the	Semifinals	Round 1
20.	Master Men Bodybuilding age 50-54, open (7 Compulsory Poses x 2 + Posedown)	Finals	Round 2
21.	Master Men Bodybuilding age 50-54, open (Posing Routines – 60 sec.)	Finals	Round 3
22.	Master Men Bodybuilding age +55, open (7 Compulsory Poses x 2 + Posedown)	Finals	Round 2
23.	Master Men Bodybuilding age +55, open (Posing Routines – 60 sec.)	Finals	Round 3
24.	Junior Men Bodybuilding open (7 Compulsory poses x 2 + Posedown)	Finals	Round 2
25.	Junior Men Bodybuilding open (Posing Routines – 60 sec,)	Finals	Round 3
	VICTORY CEREMONY: - MASTER MEN BODYBUILDING 50-54		
	- MASTER MEN BODYBUILDING +55,		
	- JUNIOR MEN BODYBUILDING OPEN		
	(Juniors & Masters may take part in Men Bodybuilding open clas		
26	(Juniors & Masters may take part in Men Bodybuilding open clas (Masters Bodybuilding overall will be conducted Friday afternoon	on the Auditorium stag	ge)
	(Juniors & Masters may take part in Men Bodybuilding open clas (Masters Bodybuilding overall will be conducted Friday afternoon Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst	on the Auditorium stage Elimination Round age	ge) ds (if >15)
27.	(Juniors & Masters may take part in Men Bodybuilding open clas (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst	on the Auditorium stage Elimination Round age Elimination Round age	ge) ds (if >15) ds (if >15)
27. 28.	(Juniors & Masters may take part in Men Bodybuilding open class (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals alists backstage	ds (if >15) ds (if >15) Round 1
27. 28.	(Juniors & Masters may take part in Men Bodybuilding open clas (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals elists backstage Semifinals	ge) ds (if >15) ds (if >15)
27.28.29.	(Juniors & Masters may take part in Men Bodybuilding open class (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 158 cm	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals elists backstage Semifinals	ds (if >15) ds (if >15) Round 1
27.28.29.30.	(Juniors & Masters may take part in Men Bodybuilding open class (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals elists backstage Semifinals elists backstage	ds (if >15) ds (if >15) Round 1 Round 1
27.28.29.30.31.	(Juniors & Masters may take part in Men Bodybuilding open class (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 158 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 160 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 160 cm	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals elists backstage Semifinals elists backstage Finals Finals Elimination Round	ds (if >15) ds (if >15) Round 1 Round 1 Round 2 Round 2
27.28.29.30.31.32.	(Juniors & Masters may take part in Men Bodybuilding open class (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 158 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 160 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 162 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 164 cm	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals elists backstage Semifinals elists backstage Finals Finals Elimination Roundage Elimination Roundage	ds (if >15) ds (if >15) ds (if >15) Round 1 Round 1 Round 2 Round 2 ds (if >15)
27.28.29.30.31.32.33.	(Juniors & Masters may take part in Men Bodybuilding open clas (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 158 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 160 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 162 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 164 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 162 cm	Elimination Roundage Elimination Roundage Elimination Roundage Semifinals Elimination Roundage Finals Elimination Roundage Elimination Roundage Elimination Roundage Semifinals	ds (if >15) ds (if >15) ds (if >15) Round 1 Round 1 Round 2 Round 2 ds (if >15)
27.28.29.30.31.32.33.34.	(Juniors & Masters may take part in Men Bodybuilding open clas (Masters Bodybuilding overall will be conducted Friday afternoon) Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 158 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 160 cm (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Women Bikini-Fitness up to 158 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 160 cm (I-walking+ 4 Quarter Turns x 2) Women Bikini-Fitness up to 162 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst Women Bikini-Fitness up to 164 cm (4 Quarter Turns in groups of 5) > List of the Semifinalists backst	Elimination Roundage Elimination Roundage Semifinals Elists backstage Semifinals Elists backstage Finals Elimination Roundage Elimination Roundage Elimination Roundage Semifinals Elimination Roundage Semifinals Elists backstage Semifinals Elists backstage	ds (if >15) ds (if >15) ds (if >15) Round 1 Round 1 Round 2 Round 2 ds (if >15) ds (if >15)

37.	Women Bikini-Fitness up to 164 cm (I-walking+ 4 Quarter Turns x 2) VICTORY CEREMONY: - WOMEN BIKINI-FITNESS 158 CM - WOMEN BIKINI-FITNESS 160 CM - WOMEN BIKINI-FITNESS 162 CM - WOMEN BIKINI-FITNESS 164 CM (Winners will take part in the Bikini Fitness overall category held Sunday)	Finals	Round 2
	(Williners will take part in the bikini Fitness overall category held Sunday	alternoon on Expo stage	,
38.	Men Classic Bodybuilding 175 cm	Elimination Round	(if >15)
39.	(4 Compulsory poses in groups of 5) > List of the Semifinalists ba Men Classic Bodybuilding 180 cm	Elimination Round	(if >15)
40	(4 Compulsory poses in groups of 5) > List of the Semifinalists ba Men Classic Bodybuilding +180 cm	ckstage Elimination Round	(if >15)
	(4 Compulsory poses in groups of 5) > List of the Semifinalists ba	ckstage	
41.	Men Classic Bodybuilding up to 175 cm (4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparis	Semifinals	Round 1
42.	Men Classic Bodybuilding up to 180 cm	Semifinals	Round 1
4 3	(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparis Men Classic Bodybuilding up to +180 cm	ons) > List of the Finali Semifinals	sts backstage Round 1
45.	(4 Quarter Turns + 4 Compulsory poses in groups of 5, Comparis		
44.	Men Classic Bodybuilding up to 175 cm	Finals	Round 2
15	(7 Compulsory poses x 2 + Posedown) Men Classic Bodybuilding up to 175 cm	Finals	Round 3
	(Posing Routines – 60 sec.)	Tillais	Nouriu 5
46.	Men Classic Bodybuilding up to 180 cm (7 Compulsory poses x 2 + Posedown)	Finals	Round 2
47.	Men Classic Bodybuilding up to 180 cm (Posing Routines – 60 sec.)	Finals	Round 3
48.	Men Classic Bodybuilding +180 cm	Finals	Round 2
49.	(7 Compulsory poses x 2 + Posedown) Men Classic Bodybuilding +180 cm	Finals	Round 3
	(Posing Routines – 60 sec.)		
	VICTORY CEREMONY: - MEN CLASSIC BODYBUILDING 175 CM		
	- MEN CLASSIC BODYBUILDING 180 CM		
	- MEN CLASSIC BODYBUILDING +180 CM		
50.	MEN CLASSIC BODYBUILDING OVERALL + AWAR (4 quarter turns + 7 Compulsory Poses x 2 + Posedown)	DING CEREMON	1
51.	Women Fit Model open (4 Quarter Turns in groups of 5, swimsuit) > List of the Semifinalis	Elimination Round	s (if >15)
52.	Men Fit Model open	Elimination Round	s (if >15)
53	(4 Quarter Turns in groups of 5) > List of the Semifinalists backsta Women Fit Model open	age Semifinals	Round 1
55.	(4 Quarter Turns in groups of 5 + Comparisons, swimsuit) > List of		
54.	Men Fit Model open	Semifinals	Round 1
55.	(4 Quarter Turns in groups of 5 + Comparisons, gymnastic shirt) > Women Fit Model open	Finals	Round 2
56.	(I-walking+ 4 Quarter Turns x 2, swimsuit) Men Fit Model open	Finals	Round 2
	(Individual presentation + 4 Quarter Turns x 2, gymnastic shirt)	Finals	Round 3
51.	Women Fit Model open (Individual presentation, evening gown)	riilais	NUUIIU 3

58. Men Fit Model open Finals (Individual presentation, casual sport wear)

VICTORY CEREMONY:

- WOMEN FIT-MODEL
- MEN FIT MODEL

Total time needed: 10:00 h, estimated end 20:00

FRIDAY, SEPTEMBER 22nd, 2017 AUDITORIUM STAGE

14:00 - 20:00 ONE CONTINUOUS SESSION

Round 3

(MASTER MEN BODYBUILDING 40-44: 80 KG, 90 KG, OVER 90 KG; MASTER MEN BODYBUILDING 45-49: 80 KG, 90 KG, OVER 90 KG; WOMEN PHYSIQUE 163 CM, OVER 163 CM)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

(10:00-14:00 - SPANISH NATIONAL ROCKIES CHAMPIONSHIPS)

1.	Master Men Bodybuilding age 45-49, up to 80 kg	Elimination Round	(if >15)
	(4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	ıckstage	
2.	Master Men Bodybuilding age 45-49, up to 90 kg	Elimination Round	(if >15)
	(4 Compulsory Poses in groups of 5) > List of the Semifinalists ba		
3.	Master Men Bodybuilding age 45-49, +90 kg	Elimination Round	(if >15)
	(4 Compulsory Poses in groups of 5) > List of the Semifinalists ba		
4.	Women's Physique up to 163 cm	Elimination Round	(if >15)
	(4 Mandatory Poses in groups of 5) > List of the Semifinalists bac	_	
5.	Master Men Bodybuilding 45-49, up to 80 kg	Semifinals	Round 1
	(4 Compulsory Poses in groups of 5, Comparisons) > List of the F		
6.		Semifinals	Round 1
	(4 Compulsory Poses in groups of 5, Comparisons) > List of the F		
7.	Master Men Bodybuilding 45-49, +90 kg	Semifinals	Round 1
	(4 Compulsory Poses in groups of 5, Comparisons) > List of the F		
8.	Women Physique up to 163 cm	Semifinals	Round 1
	(4 Mandatory Poses + Comparisons: 4 Quarter Turns +4 Mandatory	ory Poses) > List of the	Finalists backstage
9.	Master Men Bodybuilding 45-49, up to 80 kg	Finals	Round 2
	(7 Compulsory poses x 2 + Posedown)		
10.	Master Men Bodybuilding 45-49, up to 80 kg (Posing Routines – 60 sec.)	Finals	Round 3
11	Master Men Bodybuilding 45-49, up to 90 kg	Finals	Round 2
11.	(7 Compulsory poses x 2 + Posedown)	i iliais	Nouriu Z
12.	Master Men Bodybuilding 45-49, up to 90 kg	Finals	Round 3
. — .	(Posing Routines – 60 sec.)		
13.	Master Men Bodybuilding 45-49, +90 kg	Finals	Round 2
	(7 Compulsory poses x 2 + Posedown)		
14.	Master Men Bodybuilding 45-49, +90 kg	Finals	Round 3
	(Posing Routines – 60 sec.)		
15.	Women Physique up to 163 cm	Finals	Round 2
	(4 Compulsory Poses x 2 + Posedown)		
16.	Women Physique up to 163 cm	Finals	Round 3
	(Posing Routines – 30 sec.)		
	VICTORY CEREMONY:		

VICTORY CEREMONY:

- MASTER MEN BODYBUILDING 45-49: 80 KG
- MASTER MEN BODYBUILDING 45-49: 90 KG

- MASTER MEN BODYBUILDING 45-49: +90 KG

- WOMEN PHYSIQUE UP TO 163 CM

17.	Master Men Bodybuilding age 40-44, up to 80 kg (4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	Elimination Round	(if >15)
18.	Master Men Bodybuilding age 40-44, up to 90 kg (4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	Elimination Round	(if >15)
19.	Master Men Bodybuilding age 40-44, +90 kg (4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	Elimination Round	(if >15)
20.	Women's Physique over 163 cm (4 Mandatory Poses in groups of 5) > List of the Semifinalists bac	Elimination Round	(if >15)
21.	Master Men Bodybuilding 40-44, up to 80 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the F	Semifinals	Round 1
22.	Master Men Bodybuilding 40-44, up to 90 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the F	Semifinals	Round 1
23.	Master Men Bodybuilding 40-44, +90 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the F	Semifinals	Round 1
24.	Women Physique over 163 cm (4 Mandatory Poses + Comparisons: 4 Quarter Turns +4 Mandatory	Semifinals	Round 1 Finalists backstage
		•	· ·
25.	Master Men Bodybuilding 40-44, up to 80 kg	Finals	Round 2
26	(7 Compulsory poses x 2 + Posedown)	Finala	Dound 2
20.	Master Men Bodybuilding 40-44, up to 80 kg (Posing Routines – 60 sec.)	Finals	Round 3
27.	Master Men Bodybuilding 40-44, up to 90 kg (7 Compulsory poses x 2 + Posedown)	Finals	Round 2
28.	Master Men Bodybuilding 40-44, up to 90 kg (Posing Routines – 60 sec.)	Finals	Round 3
29.	Master Men Bodybuilding 40-44, +90 kg (7 Compulsory poses x 2 + Posedown)	Finals	Round 2
30.	Master Men Bodybuilding 40-44, +90 kg (Posing Routines – 60 sec.)	Finals	Round 3
31.	Women Physique over 163 cm (4 Compulsory Poses x 2 + Posedown)	Finals	Round 2
32.	Women Physique over163 cm (Posing Routines – 30 sec.)	Finals	Round 3
	VICTORY CEREMONY:		
	- MASTER MEN BODYBUILDING 40-44: 80 KG		
	- MASTER MEN BODYBUILDING 40-44: 90 KG		

- MASTER MEN BODYBUILDING 40-44: 90 KG
- MASTER MEN BODYBUILDING 40-44: +90 KG
- WOMEN PHYSIQUE OVER 163 CM

33. WOMEN PHYSIQUE OVERALL + AWARDING CEREMONY

(4 Compulsory Poses)

34. MASTER MEN BODYBUILDING 40-44; 45-49; 50-54; +55 OVERALL (7 Mandatory Poses x 2 + Posedown)

AMARDING OFFICE

+ AWARDING CEREMONY

Total time needed: 06:00 h, estimated end: 20:00

SATURDAY, SEPTEMBER 23rd, 2017 EXPO STAGE

10:00 - 20:00 ONE CONTINUOUS SESSION

(MEN'S PHYSIQUE 170 CM, 173 CM. 176 CM, 179 CM, 182 CM, 185 CM OVER 185 CM; WOMEN WELLNESS FITNESS, JUNIOR WOMEN BIKINI FITNESS 166 CM, OVER 166 CM;

WOMEN AND MEN FITNESS SEMIFINALS; MASTER WOMEN BIKINI-FITNESS 163 CM, OVER 163 CM; MUSCULAR MEN'S PHYSIQUE)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so your athletes must be long in advance ready at the venue

1.	Women Fitness up to 163 cm (Fitness Routines - 90 sec.)	Semifinals	Round 1
2.	Women Fitness +163 cm (Fitness Routines - 90 sec.)	Semifinals	Round 1
3.	Men Fitness open (Fitness Routines - 90 sec.)	Semifinals	Round 1
4.		Elimination Round	(if >15)
5.		Elimination Round	(if >15)
6.	(4 Quarter Turns in groups of 5) > List of the Semifinalists backsta Men Physique 176 cm	Elimination Round	(if >15)
7.		Elimination Round	(if >15)
8.	<i>y</i> 1 1	Semifinals	Round 1
9.	(4 Quarter Turns + Comparisons) > List of the Finalists backstage Men Physique up to 173 cm		Round 1
10.	(4 Quarter Turns + Comparisons) > List of the Finalists backstage Men Physique up to 176 cm		Round 1
	(4 Quarter Turns + Comparisons) > List of the Finalists backstage		
11.	Women Fitness up to 163 cm (4 Quarter Turns + Comparisons) > List of the Finalists	Semifinals	Round 2
12.	Women Fitness +163 cm (4 Quarter Turns + Comparisons) >List of the finalist	Semifinals	Round 2
	(Women Fitness FINALS will be run Saturday afternoon on the At	uditorium stage during	the Pro show.)
13.	Men Fitness open (4 Quarter Turns + Comparisons).) >List of the finalists	Semifinals	Round 2
	(Men Fitness FINALS will be run Sunday morning on the Auditoria	um stage)	
14.	Women Wellness Fitness open (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final		Round 1
15.	Men Physique up to 170 cm	Finals	Round 2
	(Individual Presentations + 4 Quarter Turns x 2)		Round 2
	(Individual Presentations + 4 Quarter Turns x 2)		Round 2
	(Individual Presentations + 4 Quarter Turns x 2)		
Iŏ.	Women Wellness Fitness open (I-walking+ 4 Quarter Turns x 2)	Finals	Round 2
	VICTORY CEREMONY: - MEN PHYSIQUE 170 CM		
	- MEN PHYSIQUE 173 CM		
	- MEN PHYSIQUE 176 CM - WOMEN WELLNESS FITNESS OPEN		
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20. Men Physique up to 182 cm Elimination Round (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 21. Junior Women Bikini-Fitness up to 166 cm Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 22. Men Physique up to 179 cm Semifinals Round 1 (4 Quarter Turns + Comparisons) > List of the Finalists backstage 23. Men Physique up to 182 cm Semifinals Round 1 (4 Quarter Turns + Comparisons) > List of the Finalists backstage 24. Junior Women Bikini-Fitness up to 166 cm Semifinals Round 1 (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage 25. Men Physique up to 179 cm Round 2 **Finals** (Individual Presentations + 4 Quarter Turns x 2) 26. Men Physique up to 182 cm Finals Round 2 (Individual Presentations + 4 Quarter Turns x 2) 27. Junior Women Bikini-Fitness up to 166 cm **Finals** Round 2 (I-walking+ 4 Quarter Turns x 2) **VICTORY CEREMONY:** - MEN PHYSIQUE 179 CM - MEN PHYSIQUE 182 CM - JUNIOR WOMEN BIKINI FITNESS 166 CM (Junior Bikini Fitness may take part in Bikini Fitness open classes run on Sunday on Expo stage) 28. Men Physique up to 185 cm Elimination Round (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 29. Men Physique +185 cm Elimination Round (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 30. Junior Women Bikini-Fitness +166 cm Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 31. Men Physique up to 185 cm Semifinals Round 1 (4 Quarter Turns + Comparisons) > List of the Finalists backstage 32. Men Physique +185 cm Semifinals Round 1 (4 Quarter Turns + Comparisons) > List of the Finalists backstage 33. Junior Women Bikini-Fitness +166 cm Semifinals Round 1 (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage 34. Men Physique up to 185 cm Round 2 Finals (Individual Presentations + 4 Quarter Turns x 2) 35. Men Physique +185 cm **Finals** Round 2 (Individual Presentations + 4 Quarter Turns x 2) 36. Junior Women Bikini-Fitness +166 cm Round 2 **Finals** (I-walking+ 4 Quarter Turns x 2) **VICTORY CEREMONY:** - MEN PHYSIQUE 185 CM - MEN PHYSIQUE +185 CM - JUNIOR WOMEN BIKINI FITNESS +166 CM (Junior Bikini Fitness may take part in Bikini Fitness open classes run on Sunday on Expo stage) 37. MEN PHYSIQUE OVERALL + AWARDING CEREMONY (4 Quarter Turns x 2)

38. JUNIOR WOMEN BIKINI FITNESS OVERALL + AWARDING CEREMONY (4 Quarter Turns x 2)

39. Master Women Bikini-Fitness up to 163 cm Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage

40. Muscular Men Physique open Elimination Round (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 41. Master Women Bikini-Fitness +163 cm Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 42. Master Women Bikini-Fitness up to 163 cm Semifinals Round 1 (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage 43. Muscular Men Physique open Semifinals Round 1 (4 Quarter Turns + Comparisons) > List of the Finalists backstage 44. Master Women Bikini-Fitness +163 cm Round 1 Semifinals (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage 45. Master Women Bikini-Fitness up to 163 cm **Finals** Round 2 (I-walking+ 4 Quarter Turns x 2) 46. Muscular Men Physique open Finals Round 2 (Individual Presentations + 4 Quarter Turns x 2) 47. Master Women Bikini-Fitness +163 cm Finals Round 2 (I-walking+ 4 Quarter Turns x 2) **VICTORY CEREMONY:**

- MUSCULAR MEN PHYSIQUE OPEN
- MASTER WOMEN BIKINI-FITNESS -163 CM
- MASTER WOMEN BIKINI-FITNESS +163 CM

(Master Bikini Fitness may take part in Bikini Fitness open classes run on Sunday on Expo stage)

48. MASTER WOMEN BIKINI-FITNESS OVERALL + AWARDING CEREMONY (4 Quarter Turns x 2)

Total time needed: 09:40 h, estimated end: 19:40

SUNDAY, SEPTEMBER 24th, 2017 EXPO STAGE

10:00 - 18:00 ONE CONTINUOUS SESSION
(MEN'S BODYBUILDING: 70 KG, 75 KG, 80 KG, 90 KG, 100 KG, OVER 100 KG;
WOMEN BIKINI FITNESS 166 CM, 169 CM, 172 CM, OVER 172 CM)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue

1.	Men Bodybuilding up to 70 kg	Elimination Round	d (if >15)
2.	(4 Compulsory Poses in groups of 5) > List of the Semifinalists b Men Bodybuilding up to 75 kg	Elimination Round	d (if >15)
3.	(4 Compulsory Poses in groups of 5) > List of the Semifinalists b Men Bodybuilding up to 70 kg	Semifinals	Round 1
4.	(4 Compulsory Poses in groups of 5, Comparisons) > List of the Men Bodybuilding up to 75 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the	Semifinals	Round 1
5.	Men Bodybuilding up to 70 kg (7 Compulsory poses x 2 + Posedown)	Finals	Round 2
6.	Men Bodybuilding up to 70 kg (Posing Routines – 60 sec.)	Finals	Round 3
7.	Men Bodybuilding up to 75 kg	Finals	Round 2
8.	(7 Compulsory Poses x 2 + Posedown) Men Bodybuilding up to 75 kg (Posing Routines – 60 sec.)	Finals	Round 3

9.	Women Bikini Fitness up to 166 cm	Elimination Round	ls (if >15)
10.	(4 Quarter Turns in groups of 5) > List of the Semifinalists backsta Men Bodybuilding up to 80 kg	Elimination Round	(if >15)
11.	(4 Compulsory Poses in groups of 5) > List of the Semifinalists ba Women Bikini Fitness up to 166 cm	Semifinals	Round 1
12.	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Fina Men Bodybuilding up to 80 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the F	Semifinals	Round 1
13.	Women Bikini Fitness up to 166 cm (I-walking+ 4 Quarter Turns x 2)	Finals	Round 2
14.	Men Bodybuilding up to 80 kg	Finals	Round 2
15.	(7 Compulsory Poses x 2 + Posedown) Men Bodybuilding up to 80 kg (Posing Routines – 60 sec.) VICTORY CEREMONY: - MEN BODYBUILDING 70 KG - MEN BODYBUILDING 75 KG - MEN BODYBUILDING 80 KG - WOMEN BIKINI-FITNESS UP TO 166 CM	Finals	Round 3
16.	Women Bikini Fitness up to 169 cm	Elimination Round	ls (if >15)
17.	(4 Quarter Turns in groups of 5) > List of the Semifinalists backsta Men Bodybuilding up to 90 kg	age Elimination Round	l (if >15)
18.	(4 Compulsory poses in groups of 5) > List of the Semifinalists ba Women Bikini Fitness up to 169 cm	ickstage Semifinals	Round 1
19.	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Fina Men Bodybuilding up to 90 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the Final Computer (4 Quarter Turns in groups of 5 + Comparisons) > List of the Final Comparisons (5 + Comparisons) > List of the Final Comparisons (6 + Com	Semifinals	Round 1
20.	Women Bikini Fitness up to 169 cm	Finals	Round 2
21.	(I-walking+ 4 Quarter Turns x 2) Men Bodybuilding up to 90 kg	Finals	Round 2
22.	(7 Compulsory Poses x 2 + Posedown) Men Bodybuilding up to 90 kg (Posing Routines – 60 sec.)	Finals	Round 3
23.	Women Bikini Fitness up to 172 cm	Elimination Round	ls (if >15)
24.	(4 Quarter Turns in groups of 5) > List of the Semifinalists backsta Men Bodybuilding up to 100 kg	Elimination Round	l (if >15)
25.	(4 Compulsory poses in groups of 5) > List of the Semifinalists ba Women Bikini Fitness up to 172 cm	Semifinals	Round 1
26.	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Fina Men Bodybuilding up to 100 kg (4 Compulsory Poses in groups of 5, Comparisons) > List of the F	Semifinals	Round 1
27.	Women Bikini Fitness up to 172 cm (I-walking+ 4 Quarter Turns x 2)	Finals	Round 2
28.	Men Bodybuilding up to 100 kg	Finals	Round 2
29.	(7 Compulsory Poses x 2 + Posedown) Men Bodybuilding up to 100 kg (Posing Routines – 60 sec.)	Finals	Round 3
	VICTORY CEREMONY: - MEN BODYBUILDING 90 KG		
	- MEN BODYBUILDING 100 KG - WOMEN BIKINI-FITNESS 169 CM		

- WOMEN BIKINI-FITNESS 172 CM

30. Women Bikini Fitness +172 cm
(4 Quarter Turns in groups of 5) > List of the Semifinalists backstage
31. Men Bodybuilding +100 kg
(4 Compulsory poses in groups of 5) > List of the Semifinalists backstage
32. Women Bikini Fitness +172 cm
(4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage
33. Men Bodybuilding +100 kg
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage
34. Round 1
(4 Compulsory Poses in groups of 5, Comparisons) > List of the Finalists backstage

34. Women Bikini Fitness +172 cm Finals Round 2 (I-walking+ 4 Quarter Turns x 2)

35. Men Bodybuilding +100 kg Finals Round 2 (7 Compulsory Poses x 2 + Posedown)

36. Men Bodybuilding +100 kg Finals Round 3 (Posing Routines – 60 sec.)

VICTORY CEREMONY:

- WOMEN BIKINI-FITNESS +172 CM
- MEN BODYBUILDING +100 KG
- 37. WOMEN BIKINI FITNESS OVERALL + AWARDING CEREMONY (4 Quarter Turns x 2)
- 38. MEN BODYBUILDING OVERALL + AWARDING CEREMONY (7 Mandatory Poses x 2 + Posedown)

Total time needed: 08:00 h, estimated end: 18:00

SUNDAY, SEPTEMBER 24th, 2017 AUDITORIUM STAGE

10:00 - 15:00 ONE CONTINUOUS SESSION

(WOMEN BODYFITNESS 158 CM, 163 CM, 168 CM, OVER 168 CM; MASTER WOMEN'S PHYSIQUE; JUNIOR MEN'S PHYSIQUE 178 CM, OVER 178 CM; WOMEN FITNESS 163 CM, OVER 163 C AND MEN FITNESS FINALS)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue

1.	Men Fitness open (Fitness Routines - 90 sec.)	Finals	Round 3
2.	Women Bodyfitness up to 158 cm		Rounds (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	
3.	Women Bodyfitness up to 163 cm	Elimination	Rounds (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	,
4.	Women Bodyfitness up to 158 cm	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	alists backstage)
5.	Women Bodyfitness up to 163 cm	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	alists backstage)
6.	Women Bodyfitness up to 158 cm	Finals	Round 2
	(I-walking+ 4 Quarter Turns x 2)		
7.	Women Bodyfitness up to 163 cm	Finals	Round 2
	(I-walking+ 4 Quarter Turns x 2)		

8. Women Bodyfitness up to 168 cm Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 9. Women Bodyfitness +168 cm Elimination Rounds (if >15) (4 Quarter Turns in groups of 5) > List of the Semifinalists backstage 10. Women Bodyfitness up to 168 cm Semifinals Round 1 (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage 11. Women Bodyfitness +168 cm Semifinals Round 1 (4 Quarter Turns in groups of 5 + Comparisons) > List of the Finalists backstage 12. Women Bodyfitness up to 168 cm Finals Round 2 (I-walking+ 4 Quarter Turns x 2) 13. Women Bodyfitness +168 cm **Finals** Round 2 (I-walking+ 4 Quarter Turns x 2) 14. Men Fitness open Round 4

Finals

Finals

Round 2

(4 Quarter Turns + Comparisons).) >List of the finalists

VICTORY CEREMONY:

- WOMEN BODYFITNESS 158 CM
- WOMEN BODYFITNESS 163 CM
- WOMEN BODYFITNESS 168 CM
- WOMEN BODYFITNESS +168 CM
- MEN FITNESS OPEN

15. WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY

(4 Quarter Turns x 2)

16.	Master Women's Physique open	Elimination Round	d (if >15)
	(4 Compulsory Poses in groups of 5) > List of the Semifinalists ba	ackstage	
17.	Junior Men's Physique up to 178 cm	Elimination Round	d (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	
18.	Junior Men's Physique +178 cm	Elimination Round	d (if >15)
	(4 Quarter Turns in groups of 5) > List of the Semifinalists backst	age	
19.	Master Women's Physique open	Semifinals	Round 1
	(4 Quarter Turns + 4 Compulsory Poses in groups of 5 + Compa	risons) > List of the Fin	alists backstage
20.	Junior Men's Physique up to 178 cm	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	llists backstage	
21.	Junior Men's Physique +178 cm	Semifinals	Round 1
	(4 Quarter Turns in groups of 5 + Comparisons) > List of the Final	llists backstage	
22.	Master Women's Physique open	Finals	Round 2
	(4 Compulsory Poses x 2 + Posedown)		
23.	Master Women's Physique open	Finals	Round 3
	(Posing Routines – 30 sec.)		
24.	Junior Men's Physique up to 178 cm	Finals	Round 2

VICTORY CEREMONY:

25. Junior Men's Physique +178 cm

- MASTER WOMEN'S PHYSIQUE

(Individual Presentations + 4 Quarter Turns x 2)

(Individual Presentations + 4 Quarter Turns x 2)

- JUNIOR MEN'S PHYSIQUE UP TO 178 CM
- JUNIOR MEN'S PHYSIQUE OVER 178 CM
- WOMEN FITNESS UP TO 163 CM
- WOMEN FITNESS OVER 163 CM

(Junior Men's Physique may take part in Men's Physique open classes held Saturday morning on Expo Stage) (Master Women's Physique may take part in Women Physique open classes held Friday afternoon on Auditorium stage).

26. JUNIOR MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY

(4 Quarter Turns x 2)

27. WOMEN FITNESS OVERALL + AWARDING CEREMONY

(4 Quarter Turns x 2)

Total time needed: 06:00 h, estimated end 16:00

MONDAY, SEPTEMBER 25th, 2017

DEPARTURES